



Press Release

Chattanooga-Hamilton County Health Department

Web: health.hamiltontn.org

****FOR IMMEDIATE RELEASE****

March 14, 2020

Health Department Announces Possible Exposures to Coronavirus (COVID-19): Chattanooga Bar Association Meeting

HAMILTON COUNTY, TN – The Chattanooga-Hamilton County Health Department wants citizens to be aware of possible exposures to a confirmed case of coronavirus (COVID-19).

If you attended a Chattanooga Bar Association Meeting held at the Hamilton County Court House (old Court House at 625 Georgia Ave, Chattanooga) on 2/28/20 and the Hamilton County Health Department has not already contacted you-- you need to be aware of a possible exposure to a confirmed case of COVID-19. It has been more than 14 days since the potential contact so your risk for coronavirus is very low. However, if you have had respiratory symptoms including fever, cough and/or difficulty breathing within that 14 day period, please call the Health Department hotline at 423-209-8383.

If it has been less than 14 days and you had close contact with the case such as being within 6 feet of the case for more than 15 minutes and you are symptom free; you should self-quarantine at home and monitor your health. The following are guidelines for self-quarantine:

Stay home for 14 days from the time of your contact with a person ill with the 2019 novel coronavirus.

Take these steps to monitor your health and practice social distancing:

1. Take your temperature with a thermometer two times a day and monitor for fever. Also watch for cough or trouble breathing.
2. Stay home and avoid contact with others. **Do not** go to work or school for this 14-day period; this includes **no** shopping centers, movie theaters, churches, or other social events. Discuss your work situation with your employer before returning to work.
3. Do not take public transportation, taxis, or ride-shares during the time you are practicing social distancing.
4. Keep your distance from others (about 6 feet or 2 meters).

What to do if you get sick:

If you get sick with fever (100.4°F/38°C or higher), cough, or have trouble breathing:

- Contact the Health Department at 423-209-8190.
- Seek medical care. Call ahead before you go to a doctor's office or emergency room.
- Tell your doctor about your recent travel or close contact and your symptoms.
- Avoid contact with others.

If you need to seek medical care for other reasons, such as dialysis, or other necessary medical care, call ahead to your doctor and tell them about your situation.